

# Veterans Therapy Program

## Integrative Treatment Approach for Combat Stress and Post-Traumatic Stress Disorder

November 12-18, 2017

Post-Traumatic Stress Disorder (PTSD) symptoms have been shown to clinically respond to CranioSacral Therapy (CST). A manual therapy - CST supports and nourishes the body's central nervous system and has been reported to help alleviate the effects of PTSD.

### Manual Therapy to Relieve Symptoms of PTSD

- Designed to help with anger, depression, pain, sleeping, stress and other issues related to PTSD.
- Intended to help return individuals to health and wellness and alleviate challenges associated with combat stress and PTSD.
- Multi-disciplinary treatment teams provide pre and post-testing and daily four-hour sessions with multiple therapists.
- Group support sessions are designed to allow for camaraderie and sharing.
- Treatment team of healthcare professionals may include:
  - ~ CranioSacral therapists    ~ Occupational therapists    ~ Chiropractors
  - ~ Physicians                    ~ Doctors of oriental            ~ Psychologists
  - ~ Physical therapists            medicine
- Scholarships may be available through the Dr. John E. Upledger Foundation
- Program Fee - \$3,200. Additional costs include travel, meals, lodging and transportation.

**Program Location:**  
The Upledger Institute Clinic  
11211 Prosperity Farms Road  
Suite D-223  
Palm Beach Gardens, FL 33410

**Treatment for Veterans - Enroll Now:  
Call 561-622-4706**

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Dr. John E.  
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