

# Veterans Therapy Program

## Integrative Treatment Approach for Combat Stress and Post-Traumatic Stress Disorder

Post-Traumatic Stress Disorder (PTSD) symptoms have been shown to clinically respond to CranioSacral Therapy (CST). A manual therapy - CST supports and nourishes the body's central nervous system and has been reported to help alleviate the effects of PTSD.

### Manual Therapy to Relieve Symptoms of PTSD

- Designed to help with anger, depression, pain, sleeping, stress and other issues related to PTSD.
- Intended to help return individuals to health and wellness and alleviate challenges associated with combat stress and PTSD.
- Multi-disciplinary treatment teams provide daily four-hour sessions with multiple therapists.
- Group support sessions are designed to allow for camaraderie and sharing.
- Treatment team of healthcare professionals may include:
  - ~ CranioSacral therapists    ~ Occupational therapists    ~ Chiropractors
  - ~ Physicians                      ~ Doctors of oriental                      ~ Psychologists
  - ~ Physical therapists                      medicine
- Scholarships may be available through the Dr. John E. Upledger Foundation
- Program Fee - \$3,600. Additional costs include travel, meals, lodging and transportation.

**Upcoming Program Dates**  
**November 13 - 17, 2023**

**To Register or Apply for a Scholarship:**  
**561-622-4706**

*Uf* Dr. John E.  
Upledger  
Foundation