Post-Traumatic Stress Disorder (PTSD) symptoms have been shown to clinically respond to CranioSacral Therapy (CST). A manual therapy - CST supports and nourishes the body’s central nervous system and has been reported to help alleviate the effects of PTSD.

Manual Therapy to Relieve Symptoms of PTSD

- Designed to help with anger, depression, pain, sleeping, stress and other issues related to PTSD.
- Intended to help return individuals to health and wellness and alleviate challenges associated with combat stress and PTSD.
- Multi-disciplinary treatment teams provide daily four-hour sessions with multiple therapists.
- Group support sessions are designed to allow for camaraderie and sharing.
- Treatment team of healthcare professionals may include:
  ~ CranioSacral therapists  ~ Occupational therapists  ~ Chiropractors
  ~ Physicians  ~ Doctors of oriental medicine  ~ Psychologists
  ~ Physical therapists
- Scholarships may be available through the Dr. John E. Upledger Foundation
- Program Fee - $3,600. Additional costs include travel, meals, lodging and transportation.

Upcoming Program Dates
November 13 - 17, 2023

To Register or Apply for a Scholarship:
561-622-4706

Program Location: The Upledger Institute Clinic | 11211 Prosperity Farms Road Suite D-223 | Palm Beach Gardens, FL 33410
561-622-4706 | www.upledger.org | info@iahe.com