

Veterans Therapy Program

Integrative Treatment Approach for Combat Stress and Post-Traumatic Stress Disorder

Post-Traumatic Stress Disorder (PTSD) symptoms have been shown to clinically respond to CranioSacral Therapy (CST). A manual therapy - CST supports and nourishes the body's central nervous system and has been reported to help alleviate the effects of PTSD.

Manual Therapy to Relieve Symptoms of PTSD

- Designed to help with anger, depression, pain, sleeping, stress and other issues related to PTSD.
- Intended to help return individuals to health and wellness and alleviate challenges associated with combat stress and PTSD.
- Multi-disciplinary treatment teams provide pre and post-testing and daily four-hour sessions with multiple therapists.
- Group support sessions are designed to allow for camaraderie and sharing.
- Treatment team of healthcare professionals may include:
 - ~ CranioSacral therapists ~ Occupational therapists ~ Chiropractors
 - ~ Physicians ~ Doctors of oriental ~ Psychologists
 - ~ Physical therapists medicine
- Scholarships may be available through the Dr. John E. Upledger Foundation
- Program Fee - \$3,200. Additional costs include travel, meals, lodging and transportation.

Upcoming Program Dates

November 16-20, 2020

**To Register or Apply for a Scholarship:
561-622-4706**

Uf
Dr. John E.
Upledger
Foundation